



PARTNERSHIP FOR A HEALTHY COMMUNITY

2022 ANNUAL REPORT



Partnership for a
Healthy Community
healthyhoi.org

WWW.HEALTHYHOI.ORG

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Tazewell County Health Department

Lisa Fuller, Co-Chair

OSF Healthcare, Saint Francis Medical Center

Hillary Aggertt

Woodford County Health Department

Phil Baer

OSF Healthcare, Saint Francis Medical Center

Holly Bill

Hult Center for Healthy Living

Amelia Boyd

UnityPoint Health

Ann Campen

Tazewood Center for Wellness

Beth Crider

Peoria Regional Office of Education

Sally Gambacorta

Carle Eureka Hospital

Kate Green

Home for All Continuum of Care

Monica Hendrickson

Peoria City/County Health Department

Tricia Larson

Tazewell County Board of Health

Craig Maynard

Eureka College

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American Cancer Society

Chris Setti

Greater Peoria Economic Development

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OSF Medical Group - Pediatrics

Larry Weinzimmer

Bradley University

Jennifer Zammuto

Heart of IL United Way

Partnership for a Healthy Community

On behalf of the Partnership for a Healthy Community, I am pleased to present the 2022 Annual Report.

In 2022, the Partnership for a Healthy Community (PFHC) completed our third year of the three-year cycle. I thank board members who completed their 3 year cycle and welcome new team members for the upcoming cycle.

The PFHC saw continued challenges in 2022 as many meetings continued virtually, as in person opportunities were irregular due to the rates of COVID transmissions within our counties. Initiatives continued within our partnership to address the health priorities of Peoria, Tazewell, and Woodford counties, even with these ongoing challenges.

I would like to especially thank our Priority Team Leaders for their commitment and enthusiasm for creating a healthier Tri-County.

The PFHC Board is proud of the work of our Action Teams and looks forward to tackling the challenges ahead of us as a partnership.

Amy Fox

Amy Fox
Co-Chair

Lisa Fuller

Lisa Fuller,
Co-Chair



Executive Summary

The successful adoption of the 2020-2022 Community Health Improvement Plan (CHIP) demonstrated the capacity and sustainability of the Partnership's multi-sector approach in addressing health within the Tri-County. In 2021 & 2022, the Partnership for a Healthy Community continued to address priority health concerns, while beginning to collect data and assess health priorities in a new Community Health Planning cycle.

Priority Teams for the 2020 - 2022 cycle worked with many challenges due to the pandemic. Their outstanding cooperation and collaborative efforts are highlighted in this report.

Highlight: 2020-2022 CHNA/CHIP

The Partnership for a Healthy Community (PFHC) continued to monitor and implement strategies identified in the 2020-2022 Community Health Improvement Plan (CHIP).

Several highlights of the past year include the formalization of a performance management system for priorities that are not moving forward as a top 3 issue. The areas of Cancer and Substance Use are acknowledged as vital to follow into the new CHIP and will now be in the performance management system.

Mental Health

Improve mental health among tri-county residents through preventative strategies and increased access to services.

The Mental Health Action Team strived to improve mental health through a variety of evidence based strategies outlined in the Implementation Plan. During 2022, the Action Team continued to hold bi-monthly meetings with the Substance Use Action Team. Priority Action Teams were formed in an effort to make further progress towards meeting objectives. Priority Action Teams met monthly, and as needed, reported progress on a regular basis to the Board.

The Mental Health Action Team worked to improve the following mental health objectives:

Objective #1: (HP2020) By December 31, 2022, decrease the number of suicides in the Tri-County area by 10%.

Objective #2: (HP2020) By December 31, 2022, decrease the number of residents in the Tri-County area who reported feeling depressed or anxious in the past 30 days by 10%.

In 2022, four Priority Action Teams continued to meet in an effort to further progress towards meeting objectives:



*** Active Organizations:**

- AMT
- Bob Michel Community-Based Clinic
- Carle Health
- Gateway Foundation
- Heart of Illinois United Way
- Heartland Health Services
- Home for All Continuum of Care
- Hult Center for Healthy Living
- Methodist College
- NAMI Tri-County Illinois
- Peoria City/County Health Department
- Peoria County Sheriff's Office
- Peoria Police Department
- Prairie State Legal
- Tazewell County Health Department
- Woodford County Health Department
- Peoria Public Schools
- Peoria Regional Office of Education
- OSF Resource Link
- OSF Healthcare, St Francis Medical Center
- UnityPlace
- UnityPoint Health - Central Illinois

*This list continues to change

Priority Action Team: Mental Health First Aid

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance use disorders. The Tri-County Mental Health First Aid Cadre remains strong. The 10 cadre MHFA trainers have continued to provide mental health trainings throughout the central Illinois area.

In 2022, the cadre has added several new members and increased services to include Marshall and Stark counties. The cadre is continuing to form new partnerships and strengthen existing partnerships.

Funding to continue MHFA trainings is a concern, as partners rely heavily on grants and local sources to be able to provide the training at a free or reduced cost. The Tazewell County Health Department received a grant to help with funding for teen MHFA instructor certification. Carle Eureka Hospital received a grant to assist in providing free classes to our service area with inclusion of surrounding rural areas.

Several of our members have added additional training certifications that were identified as a need for our community, including public safety, rural, and military/veterans. The goals for the next year are to continue providing trainings with the addition of specialized courses for the specific populations (EMTs, fire/police, etc.). The cadre is also working to offer a teen certification program and provide continuing education credits for licensure.

To inquire about a Mental Health First Aid Training for yourself or your team, please visit www.healthyhoi.org.

The Mental Health Action Team was highly successful in 2022 through the efforts of the newly-formed **Mental Health First Aid (MHFA) Cadre**.

The cadre was established in October 2020 in an effort to:

- Increase the number of community members who are certified in Mental Health and Youth Mental Health First Aid
- Increase the number of MHFA trainers in our tri-county area
- Increase the number of free and low-cost trainings available Provide a pool of MHFA trainers to learn and assist each other



**Mental Health
FIRST AID**

from NATIONAL COUNCIL FOR
MENTAL WELLBEING



2,314

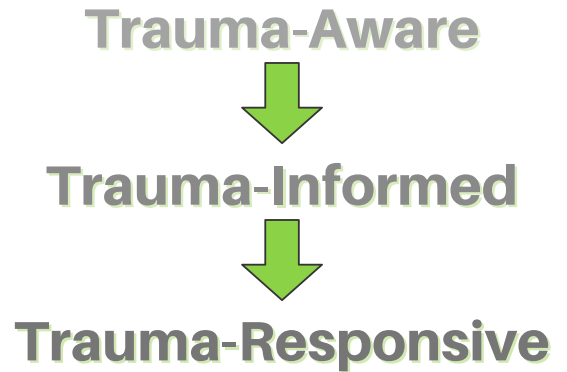
**Tri-county residents
certified in Mental
Health First Aid**

1/1/22-12/31/22 data

Priority Action Team: Trauma-Informed Schools

The Peoria Regional Office of Education (ROE) SEL Hub Coach has supported around 70 schools in Area 3 for the school year 2022-23. Area 3 encompasses the Tri-County area and beyond. Currently within Peoria County, there are 17 partner schools with an additional four schools beginning their full coaching partnership with the ROE within the next month bringing the total of schools accessing trauma-related coaching support to 21.

Charter Oak, Elmwood High School, and Pleasant Hill Elementary were recognized as trauma-responsive and continue to implement strategies designed after their pre-assessment and the coaching support provided by the ROE SEL Hub Coach to create healthier school environments for their students and staff. The sub-committee will continue to monitor all the schools' efforts and provide recognition once post assessment data has been shared.



Priority Action Team: Mental Health Provider Rate

Increase the mental health provider rate in providers per 100,000 population.

2019 Baseline	2022 Rate
450: 1 Peoria	370: 1 Peoria
570: 1 Tazewell	490: 1 Tazewell
3,870: 1 Woodford	2,930: 1 Woodford

Priority Action Team: Suicide Prevention

The Suicide Prevention Priority Action team met monthly throughout 2022 to look through data and make recommendations for the larger committee.

Suicide Prevention

The Suicide Prevention Workgroup included members from the VA Bob Michel Community Based Outpatient Clinic, Hult Center for Healthy Living, OSF Healthcare Saint Francis Medical Center, UnityPoint Health and our local health departments. The team is in the process of designing suicide prevention toolkits to upload to the website that provides resources for schools, clinicians, and veterans, to name a few. This will drive more traffic to the website and utilize social media platforms to educate the community on the Partnership and the toolkits. Our team receives updated local data from Tazewell County Health Department to keep us informed.

Suicide Prevention Education

In addition to providing school-based suicide prevention education in the classroom setting, an effort was made to increase knowledge and skills among medical student, medical residents, and medical providers throughout our communities. In 2022, a total of 158 medical residents and providers participated in the QPR Suicide Prevention Gatekeeper Training. This 2-hour evidence-based training provide three simple steps to navigate the conversation of suicide and refer someone to get help.

Substance Use

Reduce substance use to protect the health, safety, and quality of life for Tri-County residents.

The Substance Use Action Team strived to reduce substance use through a variety of evidence-based strategies outlined in the Implementation Plan. During 2022, the Action Team continued to hold bi-monthly meetings with the Mental Health Action Team. Priority Action Teams were formed in an effort to make further progress towards meeting the objectives. Priority Action Teams met monthly, and as needed, and reported progress on a regular basis.

The Substance Use Action Team worked to improve the following objectives:

Objective #1: (HP2020) By December 31, 2022, reduce the rate of drug-induced deaths within the Tri-County region by 10%.

Objective #2: (HP2020) By December 31, 2022, increase the proportion of adolescents reporting never using substances in the Tri-County area by 5%.

In 2022, four Priority Action Teams continued to meet in an effort to further progress towards meeting objectives:



Priority Action Team: Peer Educator Trainings

A plan is in place to increase the number of high school students who become

Certified Peer Educators

A new approach to health promotion to empower peers to live healthier lives

In 2022, 15 high school students were trained to become Certified Peer Educators, or CPEs. Certified Peer Educators are trained to implement health education and school-wide health events for their school campuses. Students have helped to implement health fairs, promote health services, and distribute health messaging throughout their schools. CPE training is offered by Hult Center for Healthy Living. Students become certified by completing 8 in-person training modules followed by a certification exam. Learn more about this certification training at www.hulthealthy.org or by emailing info@hulthealthy.org.

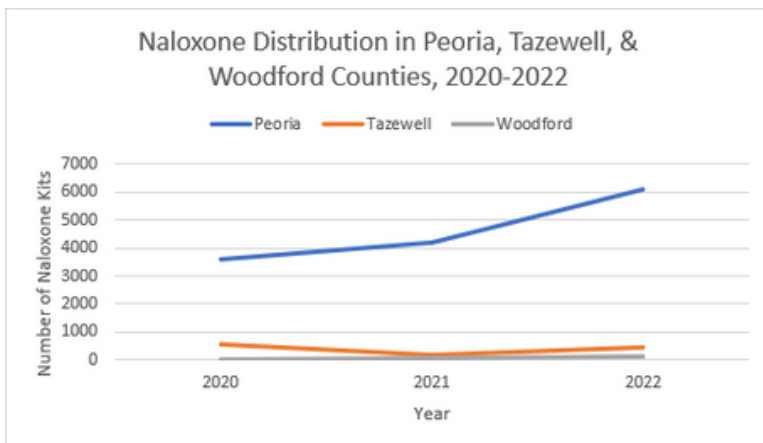
Priority Action Team: Stable Housing & Narcan Distribution

Stable Housing

Madison II was brought online by Phoenix Community Development Center (CDS). It includes 24 new units of housing. Work continued on the development at the old Methodist College of Nursing site. Several capital commitments have been made and Phoenix CDS is working to secure the remaining funding for a 2024 rehab. They are also working to close on Madison III which will focus on youth experiencing homelessness and will include an additional 16 units.

Narcan Distribution

In 2022, Naloxone (Narcan) distribution and harm reduction efforts continued to increase in the Tri-County region. At the end of the 2020-2022 CHIP cycle, naloxone distribution trends in the positive direction in all three counties. As harm reduction efforts continue in 2023-2025, this upward trend should continue. UnityPlace and JOLT Harm Reduction regularly train Tri-County residents in the administration of Narcan, how to recognize the signs of overdose, and educate to reduce stigma around persons who use drugs. 230 Tri-County residents were trained on how to save a life using Naloxone in 2022. The Partnership Substance Use group hopes to continue collaboration with our community partners through outreach events to reduce the harm of substance use and increase access to recovery resources. Learn more about administering Naloxone to save a life at <https://www.unitypoint.org/peoria/overdose-education.aspx>



Healthy Eating Active Living

Foster and promote healthy eating and active living to reduce chronic disease and food insecurity in the tri-county area.

Funding for the HEAL Food System Partners is provided, in part, by Community Foundation of Central Illinois.

GROW A ROW 2022 PROJECT TOTALS



Thank You to our 2022 Participants

- Newlun Center Garden
- Morton Giving Garden
- Washington Food Pantry Garden
- Hope and Peace Garden
- Scheirer Garden
- UICOMP Growing Together Garden
- Mangiapane Ranch
- Peoria City/County Health Department- WIC Garden
- Blue Sky's Garden
- E&C garden
- McCann Homestead
- Tazewell County Health Department - WIC Garden
- St. Ann's Garden of Hope
- Creve Coeur Community Garden
- Creve Coeur Public Library
- Pasko Family Produce
- Rose Home Garden
- St Vincent DePaul
- Goodness Garden
- Parkside Learning Garden
- Circle Shore
- Pauletta Hoyle
- Western Avenue Greenway Garden
- Olsen Garden
- Savoie Garden



4,847 Facebook reaches
201 Facebook engagements
19 Facebook posts

Integrated Referral and Intake System (IRIS)

65 One Time Food Deliveries ~serving 106 adults & 64 children
175 Food Resource Referrals

Food Pantry Network - HOI

Food Pantry Network (FPN) - HOI recognized as having taken an innovative approach to reach limited resource audiences and create programs with the goal of improving health and serving their communities.

FPN-HOI meets bi-monthly meetings to address trends, challenges, and network with organizations similar in nature. Additionally, their advisory board selects topics and plans training opportunities to enhance the knowledge and skills of those within the emergency food system. This year, they hosted a trauma and food conference, food safety conference, connecting to local produce meeting with Community Garden Network, client dignity and nutrition education.

Mobile Pantry

Six monthly mobile pantry events were held from May to October featuring Latin inspired products and recipes with nutrition education. 277 cars drove through, each representing multiple households with over 650 children served.

Over 75% of participants identified as Hispanic and almost half had someone in the household with a cardiometabolic condition like diabetes or hypertension. Latin inspired staple items included masa, rice, beans, and dried chiles. Featured produce for different recipes included zucchini, tomatoes, fresh corn, cilantro, avocado, and limes.

Healthy Eating Active Living

Hunger Action Month - Hunger Walks

Our inaugural 2022 Tri-County Hunger Walks also corresponded with Hunger Action Month, as the Walks and Wear Orange Day taking place on Hunger Action Day: Friday September 23 @ 6:00pm.

Three walk locations across the Tri-County took place on the same day/time. Educational yard signs were developed and placed along the walk at each site to raise awareness about hunger locally. A Hunger Walk Logo was developed, and T-shirts made for volunteers. Proclamations were coordinated with local cities and counties and read at each event, as well as at the perspective counties 1st board meeting of September. The entry fee for each Walk was one healthy, shelf-stable food item per walker and all food was donated to the local pantries. A Shopping List for donations was developed by HEAL-FSP around Healthy Eating Research guidelines and input from our local pantries. Donations were collected from area businesses/organizations and Hunger Walk Swag Bags were handed out to all walk participants containing various items and resources available throughout the Tri-County.



Community Garden Network - GIS Mapping

The GIS mapping allows users to see where a garden is located and if it is open to the public or not. Currently, we have 19 garden locations and working on 4 others to be added soon. The way the gardens operate varies - half are used by an organization to educate and provide for clients/members. The other half are to be used by anyone who needs food. We hope to add more each year. Tri-County Gardens Interactive Map is available at arctgis.com

Helpful and encouraging tips for integrating healthy habits into our daily lives by adding 10- minute movement breaks for 12 weeks

**#MOVEIT
MONDAYS**

Social media graphics and messages were shared by HEAL partners

Eatable Alphabet

3 Head Start sites participated in 4 weeks of the Eatable Alphabet Curriculum October to November. PCCCEO donated the food supplies for teaching sessions and Bradley Dietetic Interns and UICOMP medical students taught lessons. The alphabet activity cards feature foods that start with each letter. They guide a preschool aged child through activities in order to taste, prepare and experience foods. 97 to 121 children and 5 to 15 caregivers participated in 4 lessons.

5-2-1-0 Pilot

5 servings of fruits & vegetables * **2** or less hours of recreational screen time and healthy sleep habits * **1** hour or more of physical activity * **0** sugary drinks, more water and low-fat milk

A collaborative team comprised of OSF Healthcare, University of Illinois College of Medicine Staff and Medical Students, University of Illinois Extension SNAP-Ed & Tazewell County Health Department spearheaded this effort. The developed curriculum was implemented as a one-hour activity station format at St Ann's Garden of Hope in Peoria and as a 5 lesson (1 hour each) format with 2 groups at the YMCA in Peoria, 1 group at Marquette Heights School in Marquette Heights and 1 group at Wilson Intermediate in Pekin. **Watch for more details: go.illinois.edu/5210video**

Cancer

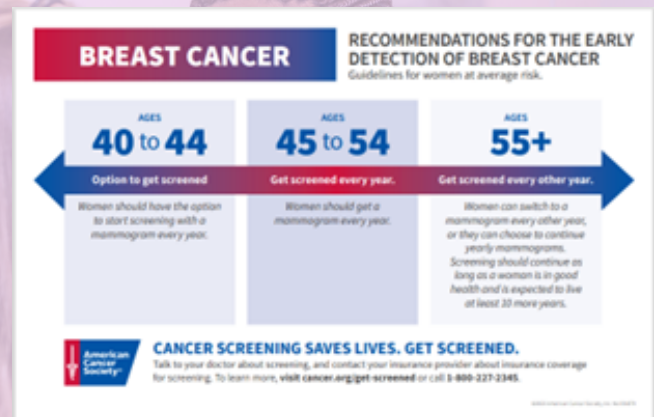
Reduce the illness, disability and death caused by lung, breast, and colorectal cancer in the tri-county area.

The objectives included reducing age-adjusted death rate by 1% for all three cancers. The past three years had some unique challenges for this team due to the COVID pandemic and the subsequent disengagement from elective healthcare that accompanied efforts to slow the spread of the virus. With this in mind, a large percentage of our efforts were devoted to educating our community on the need to continue screening for cancer during this unique time. Screenings did return to pre-COVID levels by the end on this three-year cycle and in the case of lung screening far exceed previous levels due to the funding from the Edwards Settlement Grant.

Breast Cancer

Tri-County health care providers support prevention and early detection of breast cancer. In 2022, this was demonstrated by:

- Over 38,000 screening mammograms
- Over 50 screening events
- Increased number of patients seen at high-risk breast clinics



UnityPoint Health

14,980 screening mammograms
16 screening events

OSF Healthcare

22,672 screening mammograms
36 screening events

Lung Cancer

The Edwards Settlement Grant targets Peoria and Tazewell County to provide equity in 61554, 61610, 61611, 61605, and 61607 zip codes.

- 4,111 students were educated
- 298 health kits were provided to students with breathing issues
- 20,326 adults educated on lung health
- 1,434 LDCT screenings for lung issues
- 238 breathing tests completed
- 37 home radon mitigation systems installed
- 59 Healthy Homes interventions for air quality

American Cancer Society:

Patient Support Grants-
Transportation

6,220 one-way rides provided
105 patients served

Lodging

375 nights provided
119 patients served

Cancer

Colorectal Cancer

The percentage of individuals aged 50-75 who were screened for colorectal cancer increased from 2020 by 4.4%.

The latest, average colorectal cancer screening rate for the Tri-County is 70.9%: compared to 66.5% in 2020.

Data from CDC Places: Local Data for Better Health

Cervical Cancer

On average, 81.7% of eligible women are screened for cervical cancer in the Tri-County. This is slightly below the national rate of 82.8%.

Data from CDC Places: Local Data for Better Health

January is Cervical Cancer Awareness Month

- Multiple organizations/businesses lit up in teal
- Murray Baker Bridge illuminated teal for 5 days



Murray Baker Bridge lit teal for awareness of Cervical Cancer Month in January. Total Facebook Impressions = 25,085

Tobacco

The Illinois Tobacco Free Communities (ITFC) grant continues to promote new or updated policies in the Tri-County area. An addition to the grant this past year was reaching out to businesses and restaurants covered under the 2008 Smoke Free Illinois Act, encouraging owners to add e-cigarettes, and vaping to their policies. A rack card was designed and distributed to promote this new grant deliverable.

Events, outdoor spaces, campuses, and multi-unit housing continue to be the focus of the ITFC grant with 6 new policies since July 2021. In total 58 tobacco-free policies have been created for the Tri-County ITFC grant.



Community Health Needs Assessment & Improvement Plan

The Partnership for a Healthy Community spearheaded a collaborative approach in conducting a Community Health Needs Assessment for the Tri-County region. The Partnership for a Health Community is a multi-sector community partnership working to improve population health. The Partnership for a Healthy Community formed an ad hoc committee creating a collaborative team to facilitate the community health needs assessment.

The Community Health Needs Assessment (CHNA) was used to assist in identification of health concerns and included primary and secondary data from a variety of sectors and community survey on perception. Multiple organizations, sectors, and the public participated in population health planning to identify and prioritize health needs and quality of life issues, map and leverage community resources, and form effective partnerships to implement health improvements strategies in Peoria, Tazewell and Woodford Counties.

Mental Health

Improve mental health among tri-county residents through preventative strategies and increased access to services.

Healthy Eating & Active Living

Foster and promote healthy eating and active living to reduce chronic disease and food insecurity in the tri-county area.

Obesity

Reduce the illness, disability and death caused by obesity.

The Partnership for a Healthy Community (PFHC) recognizes that to impact true change, the work of those involved needs to be open and available to the communities we serve. Our goal of transparency and accountability is to create an informed public, support collaborations, and provide a platform for engaging a variety of stakeholders.

The WWW.HEALTHYHOI.ORG website offers updated information on meetings, projects, and supports innovation and partnerships. Features include discussion boards, centralized Action Team areas, and routine reporting.

The PFHC continues to seek additional partners, agencies, and those with lived experiences to join the initiative to continue our vision for a thriving community that is inclusive, diverse, and sustainable to ensure health equity and opportunity for well-being for all.

